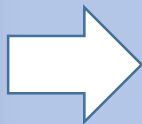


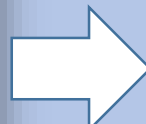
洗手七式



搓揉手掌



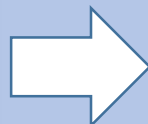
搓揉手背



搓揉指縫



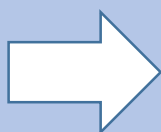
搓揉指背
與指節



搓揉大拇指
及虎口



搓揉指尖



清水沖淨
並擦乾雙手