

洗手七式



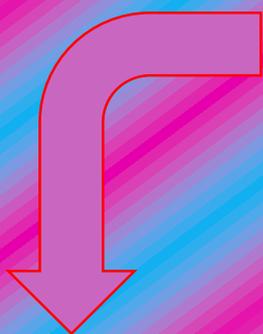
搓揉手掌



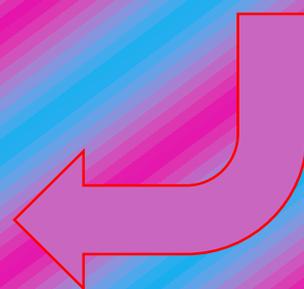
搓揉手背



搓揉指縫



搓揉指背
與指節



搓揉大拇指
及虎口



搓揉指尖



清水沖淨
並擦乾雙手