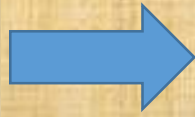


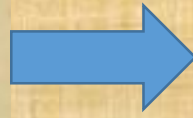
# 洗手七式



搓揉手掌



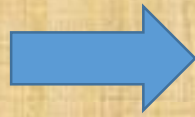
搓揉手背



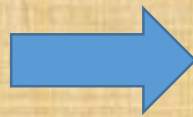
搓揉指縫



搓揉指背  
與指節



搓揉大拇指  
及虎口



搓揉指尖



清水沖淨  
並擦乾雙手